Bereavement Support



Cruse Get support with grief through counsellors or volunteers. Get information on coping with grief, get involved with grief workshops, signposting and campaigns. Available for anyone.

T. 0808 808 1677

W. cruse.org.uk

Chat: cruse.org.uk/get-support/crusechat



Mosaic bereavement services Supports children and young people who have been bereaved of someone special, such as a parent, sibling, friend or a member of their extended family across the Dorset area.

W. www.mosaicfamilysupport.org

T. 01258 837 071



A national organisation offering practical information and support on all aspects of life with terminal illness, dying and bereavement.

W. www.mariecurie.org.uk

T. 0800 090 2309



A organisation for those working to support bereaved children and young people. Information for Families, schools and friends.

W.

www.childhoodberevementnetwork.org.uk



A government service which allows you to report a death to all government organisations in one go. Such as, HMRC, DWP, Passport office, DVLA and your local council.

W. www.gov.uk/after-a-death/ organisations-you-need-to-contactand-tell-us-once



Supports people win Dorset who have been affected by a death that may be sudden or traumatic. Also offers advice to professionals.

T. 01305 361 361

E. dhc.dorsetopendoor@nhs.net



Winston's Wish is a charity that helps children, teenagers and young adults (up to the age of 25) affected by grief. They provide information, on demand services bereavement support and counselling

T. 08088 020 021

W. www.winstonswish.org



Provides practical information and signposts to emotional support for those impacted by suicide.

W.

www.supportaftersuicide.org.uk



A national website which signposts bereaved people to a range of services throughout the grief jour-

Helping **bereaved** people find **support & wellbeing**

W. www.ataloss.org



Bereavement Advice Centre supports and advises people on many practical matters to attend to after the death of someone close.

W. www.bereavementadvice.org

T. 0800 634 9494



Child bereavement UK helps children, young people, parents and families rebuild their lives when a child grieves or a child dies.

W. www.childbereavementuk.org

REBUILDING LIVES TOGETHER T. 0800 02 888 40



Supports bereaved children and young people through online resources, national grieftalk helpline and family bereavement support

T. 0808 802 0111

W. www.griefencounter.org.uk

E. grieftalk@griefencounter.org.uk